

To: **Shinde Diagnostics-Ahmednagar**
Balikashram Road, Savedi,Ahmednagar
Maharashtra
Ahmednagar - 414003
Contact:
Report Of: Mrs. GITANJALI KARANDE
Pt. Contact:



Sample ID 2300138146
Patient ID 1002358597
Collected on 22/07/2023
Received on 24/07/2023 16:39
Registered on 24/07/2023 16:26
Reported on 26/07/2023 09:33
Referred by **DR.ASHOKNARWADE**

Hemoglobinopathy Screening

Patient Name: Mrs. GITANJALI KARANDE Sample Type: Whole Blood EDTA
Date of Birth/Age: 02/05/2002 Gender: FEMALE City: AHMEDNAGAR
Method: High Performance Liquid Chromatography (HPLC) Blood Transfusion History: No
Referral Reason or Clinical History: _____

About the test

Hemoglobinopathy screening by high performance liquid chromatography is a blood test that is used for detecting quantitative and qualitative abnormalities of hemoglobin (Hb), namely, Thalassemia and Structural Hb variants (e.g. HbS) respectively. The test helps identify individuals with these disorders so that they can receive timely and appropriate treatment and care. Antenatal diagnosis of these disorders allows measures to reduce the chances of the birth of an affected baby. It is also possible to screen the newborns for hemoglobinopathies using this approach, thereby decreasing the mortality & morbidity associated with conditions like Sickle cell disorder.

Test findings

| Hb Fraction | Observed Value (%) | Expected Value (%) |
|-------------|--------------------|--------------------|
| HbF | 0.4% | <2% |
| P2* | 3.2% | <4.6% |
| HbA0 | 88.0% | 85 - 95% |
| HbA2/HbE | 3.3% | 1.8 - 3.5% |
| HbD | Absent | Absent |
| HbS | Absent | Absent |

*The mentioned P2 value from BioRad Variant-II HPLC system is equivalent of HbA1c value in BioRad D10 system

Interpretation

Chromatogram shows HbA2 on the higher side of normal 3.3%) (see comments below)
Hb and PCV are reduced. Red cell indices are normocytic normochromic.

Suggestions

An HbA2 of <3.5% is considered normal and a value of > 4% is considered highly suggestive of B-Thal trait. A recent study (Colaco Set al. Nature Portfolio Scientific Reports (2022) 12:5414) has however, shown that a significant number of patients (87%) with HbA2 between 3.0 to 3.9% are silent carriers of B-Thalassemia and may remain undiagnosed if one follows the cut off of 4% for diagnosis. It is therefore, recommended that spouses of such patients get screened for B-Thalassemia by HPLC or an equivalent technology, and if found to have an HbA2 between 3 to 3.9%, molecular genetic testing be performed to check for homozygosity/heterozygosity for B-Thalassemia in the fetus.

Verified by
Mr. Pradip Kadam
Incharge Biochemistry

Dr. A. Dasgupta MD, PhD,
Consultant Hematopathologist

HPLC Findings

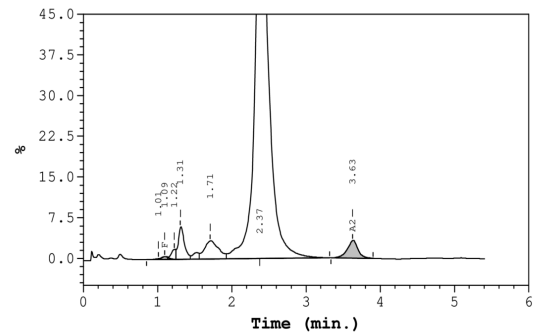
Patient Data

Sample ID: 2300138146
 Patient ID:
 Name:
 Physician:
 Sex:
 DOB:
 Comments:

Analysis Data

Analysis Performed: 07/24/2023 17:31:31
 Injection Number: 4194
 Run Number: 333
 Rack ID: 0002
 Tube Number: 4
 Report Generated: 07/26/2023 11:03:32
 Operator ID:

Analysis comments:



| Peak Name | Calibrated Area % | Area % | Retention Time (min) | Peak Area |
|-----------|-------------------|--------|----------------------|-----------|
| Unknown | --- | 0.1 | 1.01 | 1469 |
| F | 0.4 | --- | 1.09 | 6605 |
| Unknown | --- | 0.8 | 1.22 | 14919 |
| P2 | --- | 3.2 | 1.31 | 57312 |
| P3 | --- | 4.3 | 1.71 | 77316 |
| Ao | --- | 88.0 | 2.37 | 1574442 |
| A2 | 3.3 | --- | 3.63 | 56686 |

Total Area: 1,788,748

F Concentration = 0.4 %

A2 Concentration = 3.3 %

Important Blood Indices (from CBC Analysis)

| Parameters | Result | Reference Range | Units |
|-----------------------------------|--|-----------------|---------------------------|
| Hemoglobin (Hb) | 11.07 ⚠ | 12 - 15 | g/dL |
| RBC Count | 4.06 | 3.8 - 4.8 | $\times 10^6/\mu\text{L}$ |
| Hematocrit | 35.30 ⚠ | 36 - 46 | % |
| Mean Corpuscular Volume (MCV) | 87.00 | 83 - 101 | fL |
| Mean Corpuscular Hb (MCH) | 27.30 | 27 - 32 | pg |
| Mean Corpuscular Hb Conc. (MCHC) | 31.40 ⚠ | 31.5 - 34.5 | g/dL |
| RBC Distribution Width (RDW) (CV) | 15.40 ⚠ | 11.6 - 14 | % |
| RBC Distribution Width (RDW) (SD) | 47.70 ⚠ | 39 - 46 | fL |

Notes:

- Recent blood transfusions and iron deficiency can interfere with the results, repeat testing is recommended three months after the last blood transfusion. In case of iron deficiency, it is recommended to evaluate the result post-correction of iron deficiency.
- Megaloblastic anemia can cause elevated HbA2 levels. A repeat assay is recommended after correction of VitB12 deficiency.
- Mild to moderately elevated fetal hemoglobin (HbF) values are observed during pregnancy, hypoxia, chronic kidney disease, use of certain drugs, myelodysplastic syndromes (MDS), aplastic anemia and conditions of stress hemopoiesis.
- Cases with borderline HbA2 levels (3.1-3.9%) could represent Silent Beta-thalassemia trait, or co-existent iron deficiency or Alpha-thalassemia in a case of Beta-thalassemia trait. They need to be investigated further by appropriate tests.
- Confirmatory molecular tests for Beta-thalassemia traits and abnormal hemoglobin disorders (e.g. HbS, HbE, and HbD), followed by subsequent prenatal diagnosis (if required) are available at our centre.
- The mentioned P2 value from BioRad Variant-II HPLC system is equivalent of HbA1c value in BioRad D10 system

Disclaimers:

- The Hb-HPLC is a screening test that detects Beta-thalassemia and other hemoglobin variants. It does not identify Alpha-thalassemia and Silent Beta-thal-assemia carriers. DNA analysis is recommended to rule out Alpha-thalassemia and Silent Beta-thalassemia carriers.
- The result must be interpreted in conjunction with the complete blood counts (CBC), VitB12 and iron profile of the individual.
- Each sample received at Lilac Insights' processing centre is handled with the utmost sensitivity and care. All samples received on Sundays and National holidays are stored as per specific guidelines for the respective specimens and processed on the next day.
- P2 peak in Bio Rad's Variant II HPLC platform represents glycated hemoglobin. It is elevated in uncontrolled diabetes.

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