





To:	Dr.Shilpa Modi C/O Modi Hospital-Gulbarga						
	Karnataka						
	- 58105						
	Contact:						

Report Of: Mrs. RICHAKUMARI GAUTAM

Pt. Contact: 7987955629



Sample ID	2410012204	Understand Your		
Patient ID	110244106	Report In Detail		
Received on	30/04/2024 16:10			
Registered on	30/04/2024 17:37			
Reported on	-	Scan OR code		
Referred by	Dr. SAROJINI MODI			
Sonography by	Dr. SAROJINI MODI			

# EVICOSCREEN - EVIDENCE BASED COMPREHENSIVE PRENATAL SCREENING REPORT

### Patient Name: Mrs. RICHAKUMARI GAUTAM

Patient DOB: 16/02/1996

EVIC Screen" is an evidence based prenatal screening program curated by Lilac Insights in accordance with the Fetal Medicine Foundation (UK)

guidelines for First Trimester Screening to determine the probality of most common chromosomal aneuploidies in a pregnancy. It utilizes:

- Hormonal values from the pregnancy measured on Fetal Medicine foundation (UK) accredited analyzers and reagents
- Robust indigenous medians from over 7 lac+ pregnancies for different gestation ages

• Risk calculations from evidence based algorithms validated through large international studies

#### UKNEQAS: United Kingdom National External Quality Assessment Service

RIQAS: Randox International Quality Assessment Scheme



The Risk Assessment Performed Using CE-Marked Antenatal Risk Evaluation Software Certified by the British Standards Institute (BSI)- ISO 13485:2016

RISK ASSESSMENT					MULTIPLE (	
T21 (Down syndrome)	1:650	Intermediate Risk	LOW	INTERMEDIATE HIGH	MEDIAN (M	10M)
T18 (Edwards' syndrome)	1: 100000	Low Risk	LOW	HIGH	Free ß-hCG	11.51
T13 (Patau syndrome)	1:81000	Low Risk	LOW	HIGH	PAPP-A	1.05

# INTERPRETATION

The First Trimester Screening for the given sample is found Intermediate Risk for Down Syndrome.

# SUGGESTIONS AND OTHER FINDINGS

- In view of intermediate risk (Risk between 1:251 to 1:1000), further counselling is recommended.
- Latest guidelines suggest further evaluation of intermediate risk patients by the following options as indicated:
- a) Integrated screening with detailed Genetic Sonogram (Detection rate: 92-95%), ref: Kypros Nicolaides et al,
- Fetal Diagn Ther 2014;35:174-184.
- b) Non-Invasive Prenatal Testing/ Screening (NIPT) (Detection rate: ;99%), ref: ISPD guidelines 2015.
- c) Definitive testing through Fetal Karyotyping.

In view of free bHCG MoMs observed in the mother, kindly consider correlation with fetal growth and well being scan at 28 - 30 weeks.



Verified by Mr. Pradip Kadam Incharge Biochemistry (FMF ID: 147760)

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Verified by **Dr. Suresh Bhanushali** MD (Path), Consultant Pathologist

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Sample Type:Serum





### Patient name : Mrs. RICHAKUMARI GAUTAM

Sample ID : 2410012204

Risk assessment: Algorithm validated by SURUSS 2003, N.J Wald

Method:Electrochemiluminescence									
			PREGNANCY	DETAILS					
No. of fetuses	:1		EDD	:03/11/2024	Age at Terr	n :28.7	Years		
GA is Based on	: CRL 68.4mm at 29/04/2024		LMP Date	:21/01/2024	LMP Certainty : Regular		ılar		
Smoking : None	Parity :		Height	:	Weight : 56.70 Kg		0 Kg		
Ethinicity:Asian	FHR :								
Previo	us pregnancy histo	ory	Pre-ecla	ampsia history		Other fin	dings		
Down syndro	me 🗌 Edwards'	syndrome	PE in previous pregnancy		Insulin dependent diabetes				
Patau syndro	me 📃 NTD synd	rome	Pat. mother had PE		Chronic hypertension				
EDD: Estimated Due	EDD: Estimated Due Date / GA: Gestation Age / LMP: Last Menstrual Period / FHR: Fetal Heart Rate / NTD: Neural Tube Defect / PE: Pre-eclampsia / DOB: Date of Birth								
			SPECIMEN D	DETAILS					
Sample ID	:2410012204	CRL :	68.4 mm	Test Name	Conc.	Unit	Corr. Mom		
Collection Date	:29/04/2024	CRL2 :		Free-ß-hCG	403.10	ng/mL	11.51		
Scan Date	: 29/04/2024	BPD :		NB	Present				
GA at Coll Date	: 13 Weeks 1 Days	BPD2 :		NT	1.8	mm	1.20		
GA at Scan Date	: 13 Weeks 1 Days	HC :		PAPP-A	6085.00	mIU/L	1.05		
Received on	: 30/04/2024	HC2 :							
GA: Gestation Age   CRL: Crown Rump Length   BPD: Bi-parietal Diameter   HC: Head Circumference   free-ß-hCG: free-Beta Human Chorionic Gonadotropin NT: Nuchal Translucency   PAPP-A: Pregnancy-associated Plasma Protein-A									
	RISKS								
Disorder: Down Sy	ndrome			Resu	ılt: Intern	nediate Risl	k 😑		
Final risk: 1:65	0	Age risk:	1:1100						
Cutoff 1:25	0	Risk type	Risk At Term						
Disorder: Edwards	s' Syndrome		Resu	ılt:	Low Risl	k 🔵			
Final risk: 1:10	0000	Age risk:	1:7900						
Cutoff 1:10	0	Risk type	Risk At Term						
Disorder: Patau Sy	vndrome			Resu	ılt:	Low Risl	k 🔵		

Final risk:

Cutoff

1:81000

1:100



(FMF ID: 147760)

1:12000

**Risk At Term** 

Age risk:

**Risk type** 

Verified by Dr. Suresh Bhanushali MD (Path), Consultant Pathologist Page 2 of 3



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Sample ID: 2410012204

## Patient name : Mrs. RICHAKUMARI GAUTAM

# PRENATAL SCREENING BACKGROUND

Every pregnant woman carries a certain degree of risk that her fetus/baby may have certain chromosomal defect/ abnormalities. Diagnosis of these fetal chromosomal abnormalities requires confirmatory testing through analysis of amniocytes or Chorionic Villous Samples (CVS). However, amniocentesis and CVS procedures carry some degree of risk for miscarriage or other pregnancy complications (Tabor and Alfirevic, 2010). Therefore in routine practice, prenatal screening tests are offered to a pregnant woman to provide her a personalised risk for the most common chromosomal abnormalities (T21-Down syndrome, T18- Edwards' syndrome, T13- Patau syndrome) using her peripheral blood sample. Based on this risk assessment, if the risk is high or intermediate, you can take informed decision of opting for invasive procedure such as amniocentesis or CVS followed by confirmatory diagnostic test(s), as per discussion with your clinician.

#### PRENATAL SCREENING TESTS ARE NOT CONFIRMATORY TESTS. THEY ARE LIKELIHOOD ASSESSMENT TESTS.

You may get your prenatal screening result as either of the following:-

High Risk

Low Risk

**High Risk or Screen Positive Result:** A High Risk Result does not mean that the pregnancy is affected with the condition. It means that the likelihood of the pregnancy having a condition is higher than the cut-off (Most commonly used cut-off is 1:250 and this represents the risk of pregnancy loss from confirmatory testing through CVS or amniocentesis).

Intermedicto

Low Risk or Screen Negative Result: A Low Risk result does not mean that the pregnancy is not affected with a condition. It means that the likelihood of the pregnancy having a condition is lower than the cut-off.

**Intermediate Risk result:** An intermediate Risk result means that the pregnancy has an equivocal or a borderline risk of being affected with a condition. In this case, you may want to choose a second stage screening modality like an Integrated Screening Test that is done between 16 to 20 weeks of pregnancy or a Non-invasive Prenatal Screening Test between 12 to 20 weeks of pregnancy before taking a decision on an invasive confirmatory testing. This will help you improve the sensitivity of the screening test keeping an invasive test a last option were you to come as a high risk in the second stage screening test.

## SIGNIFICANCE OF MULTIPLE OF MEDIANS (MoMs)

Prenatal Screening determines the likelihood of the pregnancy being affected with certain conditions by analysing levels of certain hormones. These hormones are Feto placental products (released by Fetus or placenta). Their levels not only indicate propensity of the fetus being affected with certain chromosomal conditions, they also provide indication of placental insufficiency that can potentially lead to pregnancy complications like Pre-Eclampsia or Intra-Uterine Growth Restriction. It is therefore important to take cognisance of the Reported MoMs alongside the Risk results.

# For more information, visit our website at: <u>www.lilacinsights.com/faq-pns</u>

# DISCLAIMERS

#### Limitations of the Test:

As prenatal screening tests are not confirmatory diagnostic tests, the possibility of false positive or false negative results can not be denied. The results issued for this test does not eliminate the possibility that this pregnancy may be associated with other chromosomal or sub- chromosomal abnormalities, birth defects and other complications.

Nuchal Translucency is the most prominent marker in screening for Trisomy 13, 18, 21 in the first trimester and should be measured in accordance with the Fetal Medicine Foundation (UK) guidelines. Nuchal Translucency or Crown Rump Length measurement, if not performed as per FMF (UK) imaging guidelines may lead to erroneous risk assessments and Lilac Insights bears no responsibility for errors arising due to sonography measurements not performed as per these criteria defined by international bodies such as FMF (UK), ISUOG.

It is assumed that the details provided along with the sample are correct. The manner in which this information is used to guide patient care is the responsibility of the healthcare provider, including advising for the need for genetic counselling or additional diagnostic testing like amniocentesis or Chorionic Villus Sampling. Any diagnostic test should be interpreted in the context of all available clinical findings. As with any medical test, there is always a chance of failure or error in sample analysis though extensive measures are taken to avoid these errors.

#### Note:

- Quality of the Down syndrome screening program (Biochemical values, MoMs and Risk assessments) is monitored by UKNEQAS on an ongoing basis.
- This interpretation assumes that patient and specimen details are accurate and correct.
- Lilac Insights does not bear responsibility for ultrasound measurements like CRL,NT,NB etc. We strongly recommend that ultrasound measurements are
  performed as per FMF (UK)/ISUOG practice guidelines.
- It must be clearly understood that the results represent risk and not diagnostic outcomes. Increased risk does not mean that the baby is affected and
  further tests must be performed before a firm diagnosis can be made. A Low Risk result does not exclude the possibility of Down's syndrome or other
  abnormalities, as the risk assessment does not detect all affected pregnancies.
- Each sample received at Lilac Insights' processing centre is handled with the utmost sensitivity and care. All samples received on Sundays and National holidays are stored as per specific guidelines for the respective specimens and processed on the next day.

END OF REPORT



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